



July 2025

Eastern Upper Bucks Senior Center

8040 Easton Road PO Box 545 Ottsville, Pennsylvania 18942

Phone: 610-847-8178 **Fax:** 610-847-2036

Hours: Mon.-Thurs. 10-3 **E-mail:** eubseniors@epix.net

Website: easternupperbucksseniorcenter.com



Membership Dues The board has decided to increase the membership dues to \$20. They will be due on July 1st. When you renew your membership you will need to fill out the Center Registrant Data Sheet from BCAA including the Nutrition Information on the back. Federal funding is concentrating on “Nutrition” now so this information must be sent to BCAA. When you pay your dues, you will receive:
Membership card – this is your receipt that your dues are paid from July 1, 2025 to June 30, 2026.
Participation Policy – describes your membership responsibilities at the senior center
You will NOT receive a new co-pilot card. If you have lost your card or it is otherwise unusable, you can sign in by looking up your name on co-pilot.

Produce Vouchers Five \$5 produce voucher checks (\$25 total) are available to anyone who lives in Bucks County, will be 60 years old by December 31, 2025, meets the income requirements and does not live in a facility where meals are served. The 2025 Household Income Eligibility is: 1 person \$28,953, 2 people \$39,128. Vouchers will be **distributed at the senior center ONLY Tuesdays and Wednesdays from 10-12 beginning July 8th. PLEASE GET YOUR VOUCHERS IN JULY before we run out!!**

Luncheon Tuesday, July 1st at 12:00. Speaker will be Karen Blutgen on Dementia. She will speak about the signs of dementia and advice for the caregiver.

Spring Lottery \$5 per ticket, Two \$25 winners every Thursday from June 12th to July 24th. Winning tickets go back into the draw. Grand Prize Drawing July 31st, one \$200 winner, one \$100 winner, and one \$50 winner. We are mailing each member 5 tickets. Please return the tickets with the money to the senior center. If you would like more tickets, they are available at the senior center.

Resorts Casino Friday, August 1st Cost is \$60. Reservations and payment due June 25th. Bus departs senior center at 7:45am. Must be 21 years old. Unfortunately, the casino is no longer giving out comps. We need 30 people to go.

Camden Aquarium Monday, October 13th More details to follow.

Movie: July 15 at 1:00 “Ms. Matched” Sparks fly when wedding planner Libby & financial adviser Ben meet at a wedding expo. Until Libby realizes Ben's advice puts her business at risk.

Pinochle Players Needed!! Two Thursdays a month join our tournament at 1:00. Even if its been awhile since you’ve played, our friendly group will help refresh your memory. If you are new to the game they are happy to teach you.

Qigong Our Tai Chi teacher, Kate Kane, has agreed to teach Qigong on Tuesday mornings from 10-11. This class will be held July 8, 15, 22, 29. More dates will be scheduled if there is enough interest. Cost of class is \$5 Members, \$7 Non-Members

CPR/ First Aid Amber from Upper Bucks Regional EMS has offered to teach first aid and CPR to anyone who is interested.

A certification class will be held for CPR, AED, and first aid. The cost of this class will be \$25.

A general class without certification will be held for general first aid and CPR. There will be no charge for this class.

There will be a sign up sheet at the senior center and when we have enough interest we will contact her to schedule a class.

*******VERY IMPORTANT PLEASE READ:**

Co-Pilot Please remember to sign in to Co-Pilot EVERY TIME you visit the center. **ALWAYS check Center Visit in addition to whatever activity you are here for.** If you signed up for lunch on that day, don't forget to check Lunch. This information is important for any funding we receive so it is VERY IMPORTANT that it is accurate.

Lunch will be served at 12:00 noon Monday—Thursday. (except Bingo days 11:30) Please check the calendar menu of sandwiches and salads. ****Remember to sign up by Tuesday at noon for the following week.** You must be registered with the senior center. We need a minimum of 5 people to order for any given day. A voluntary contribution of \$2 is suggested for anyone over the age of 60. Please put the money in the box in the kitchen `marked "Congregate Meals". Please remember that a large portion of our funding from Bucks County Area Agency on Aging is determined by the number of congregated meals that we serve. Consider ordering lunch even if there is not an activity that you plan to attend that day. One of the purposes of serving the meals here is to socialize. Talk to your friends, maybe they would order lunch if they knew someone else was also interested. Remember, games, puzzles, and the library are always open. Please consider volunteering to serve the meals. If you need help ordering a meal, would like to volunteer to serve the lunches or have any questions, talk to Veronica McIntosh or Margie Jesiolowski.

Property Tax/Rent Rebate Program The income requirements have expanded so more Pennsylvanians will be eligible to receive the Property Tax/Rent Rebate. The majority of past claimants may see increased rebates as well. AARP Tax counselors are able to help you fill out your forms at your appointment to get your taxes done or contact your state representative.

Bucks County Opportunity Council Weatherization Program If you are a resident of Bucks County, meet the income limits and qualify for this program, an energy auditor will inspect your home and recommend certain measures such as caulking windows, weather-stripping doors or insulating the attic. Information is also available for this program at the senior center.

Center Manager: Margie Jesiolowski

Board Members:

Barbara Naska, President
Janet Vanderlely, Vice President
Cathy Lutz, 2nd Vice President
Cindy Wiley, Secretary
Marion Wolf, Treasurer
Veronica McIntosh, Assistant Treasurer

Trustees:

Lin Brown
Linda Boss
Terry Keogh

Food Service Coordinator: Veronica McIntosh

Trip Coordinators: Jim & Terry Keogh

Eastern Upper Bucks Senior Center is funded, in part, under a contract with the Pennsylvania Department of Aging and The County of Bucks

Please tell your friends and family 55+ to join our senior center.
Dues are \$20 per year. (July 1st to June 30th)

Welcome New Member:

Connie Forsberg
Pat Brokaw



DONAHUE FUNERAL HOME

215-429-4964

*Philip A. Donahue,
Owner/Director*

The **DONAHUE FUNERAL HOME** specializes in church viewings followed by funeral services. Therefore, YOUR choice of a Funeral Home need not be based on location. Arrangements can be made in one of our offices or in the comfort of your home setting. We service Bucks County, Montgomery County, Philadelphia and Delaware Counties in Pennsylvania.

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James P. Donahue, Grandfather*

Traditional Funeral <i>(includes casket)</i>	\$4900
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Cremation with Memorial Mass	\$2000
Direct Cremation	\$1200

Call for a free no obligation brochure detailing the above...

www.DonahueFuneral.com

1218-20 Bethlehem Pike, Flourtown, PA 19031
P.O. Box 1556, Doylestown, PA 18901

DonahueFuneral@gmail.com



Senior Center Monthly Activities

- DVD Exercise—Mondays 10:30-11:30
- Game Days - Wednesdays & Thursdays 10:00
- Qigong—Tuesdays 10:00-11:00
- Tai Chi—Wednesdays 10:00-11:00
- Knitting & Crocheting –Wednesdays 10:00
- Art Club– Wednesdays 10:00

Board Meeting - 1st Monday 1:00 (Board Members ONLY please)

Covered Dish Luncheon—1st Tuesday 12:00

Pinochle Tournament - 2nd & 4th Thursday 1:00

Birthday Bingo - 3rd Monday 12:30

Membership Meeting - 4th Monday 1:00

Cash Bingo - Two Tuesdays a month 1:00

Movies—Check Calendar 1:00

Check the monthly calendar for exact dates

Please tell your friends and family 55+ to come join our friendly senior center.

Dues are \$20 per year (July 1st to June 30th)

*Classes are \$5 for members
\$7 for non members.

PLEASE NOTE:

*Only bring in cards for those with a star * next to their name. If there is not a star *, please mail their card. If you do not have their address, bring the card with a stamped envelope and we can mail it for you.*



- Peg Glancey 7-1
- Janice Schroeder 7-6
- Marion Wolf * 7-9
- Patty Traister * 7-10
- Tammy Scheetz 7-14
- Cathy Lutz * 7-15
- Jo Ann Burmeister 7-19
- Mike Barbaro * 7-20
- Pat Parker 7-20
- Dolly Rutherford 7-21
- Lidia Tubiello 7-23
- Marv Eichlin * 7-24
- Susan Mauer * 7-24
- Jim Keogh * 7-25
- Ginny Morningstern * 7-27
- Cheryl Lehr 7-30
- Sally Tye 7-30

Fresh Connect by BCOC Mobile Farmer’s Market

bcoc.org or 215-345-8175

UPDATED INFORMATION

On the first and third Thursdays from 10am to 12noon

at NEW LOCATION: Palisades Middle School

4710 Durham Road, Kintnersville

Fresh produce at no cost for those in need, rain/shine except severe weather (temperatures below 32°, heat advisories, excessive heat warnings, heavy rain or snow, and thunder and lightning storms.) Registration on site, limit one per household, please bring your own bags.

Thank you to Riegelsville Borough for their generous donation to our senior center.

Thank you to our members who donated money to our senior center. Whether your donation is large or small, time or money, we appreciate your generosity.

Congratulations Pinochle Winners

May 22, 2025

1st Doug Warmkessel

2nd Bernie Boylan

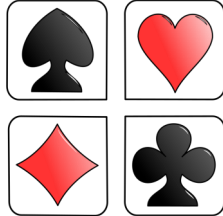
3rd Dolores Warmkessel

June 12, 2025

1st Howard Lammerding

2nd Marion Wolf

3rd Doug Warmkessel



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\$11 Auto Registration Form Applications for

Retired Persons are available at the senior center.

Eligibility requirements are listed on the bottom of the form.

Stop Telemarketing calls

Register for the national list and the Pennsylvania list.

Make sure to register all names in the household. You must call from the number you are registering.

National Do Not Call 1-888-382-1222

Pennsylvania Do Not Call 1-888-777-3406

Helpful Phone Numbers

AARP (717) 238-2277

Area Agency on Aging (267) 880-5700

Aid for Friends (215) 348-7505

Better Business Bureau (215) 985-9313

Bucks Co. Consumer Protection (215) 348-7442

Bucks County Transport (215) 794-5554 or (888)795-0740

Elder Abuse (800) 243-3767

Food Stamps (800) 362-1291

Homeless Hotline (800) 810-4434

Legal Info (800) 262-LAWS

Legal Service (215) 781-1111

Medicare Service Center (800) 633-4227

or TTY: (877)-486-2048

Military Affairs (215) 345-3307

P.A.C.E. (800)-225-7223 or (267)-880-5700

Philabundance Food (800)-319-3663

Report Medical Fraud & Abuse (800)-447-8477

Social Security, Disability Issues, or

Supplemental Security Income (800) 772-1213

Senior Employment (267) 880-5700

24/7 Crisis Services (800)499-7455

Kinconnector Helpline (866)KIN-2111

Bucks Chester Montgomery Link 800-753-8827

Bucks County Area Agency on Aging
55 East Court Street, 3rd Floor, Doylestown, PA 18901
267-880-5700

The broad goal of the agency is to develop and provide comprehensive services to help persons aged 60+ maintain independence in their homes and communities.

Bucks County Area Agency on Aging offers more than 20 programs to help older adults and their families and is an advocate for all older persons in Bucks County.

They also directly provide information and referral, outreach, assessment and care management, as well as a county-wide volunteer program.

Additional services and projects are by agreement or contract with other community agencies.

A brochure is available at Eastern Upper Bucks Senior Center with more details.

Would you like to Volunteer?

Bucks County Area Agency on Aging continues to offer volunteer opportunities. Your help is needed to deliver meals, tutor or mentor in school based programs, Lunch Bunch Program, Literacy/ESL Programs, Benefits Assistance Program, My Life My Health, Project MEDS, Helping Seniors Age in Place, and Apprise Insurance counselors. For more information about these and other volunteer opportunities, please contact the Volunteer Coordinator at 267-880-5725.

PA MEDI Program (formerly APPRISE)

The **PA MEDI Program** wants to make sure you and your loved ones who have Medicare know about the Extra Help and Medicare Savings Programs.

Extra Help can help lower your prescription co-payments and premiums and cover the cost of the coverage gap (“donut hole”)

Medicare Savings Program can help you with the payment of your Part B premium and possibly with the payment of your Medicare Part A and Part B cost sharing.

There is **NO COST** for the PA MEDI Program’s help or for enrollment into these programs. Income guidelines do apply.

Contact Bucks County Area Agency on Aging at 267-880-5700.

Senior Boxes Available Monthly at the Lord’s Pantry
at St. John the Baptist Church in Ottsville 610-847-2402

Requirements:

- 1) Must live in Bucks County
- 2) Must be at least 60 years old
- 3) Must meet income requirements which are:

Family size	Annual	Monthly	Weekly
1	\$16,744	\$1,396	\$322
2	\$22,646	\$1,888	\$436
3	\$28,548	\$2,379	\$549
4	\$34,450	\$2,871	\$663

Packages include: 4 packages **vegetables**, 1 meat, 2 cereals, cheese, 2 packages fruit, 1 non-meat protein, 1 carbohydrate, 2 bottles juice instant & evaporated milk.

Usually the 3rd Friday of the month, but call the Lord’s Pantry to confirm.

Lord’s Pantry Hours

Mondays 2-5, Tuesdays 9:30-11:30, Thursdays 9:30-1:30

A bin for food donations for the Lord's Pantry is at the Senior center. Canned goods such as canned vegetables, tunafish and soup are appreciated.



Got Drugs?

Bucks County Medication Disposal

Free and anonymous. Permanent medication collection boxes are now available at the locations below to help reduce the growing statistics of people abusing prescription pain relievers who get them from friends or relatives. Please contact them directly for collection hours, rules, & regulations.

Bucks County Court House: 215-348-6000

Plumstead Township Police Department: 215-766-8741

Springfield Township: 610-346-6700

Quakertown Borough Police Department: 215-536-5002



July 2025 Menu

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Hours: Mon.-Thurs. 10-3 E-mail: eubseniors@epix.net

Website: easternupperbucksseniorcenter.com



Monday	Tuesday	Wednesday	Thursday
<p>Remember to order By NOON the TUESDAY Before! Suggested donation is \$2 for those over 60. Lunch is served at Noon</p>	<p>1 Covered Dish Luncheon</p>	<p>2 Tuna Salad Platter Broccoli Salad w Craisin Carrot Salad WWRoll Sugar Cookie</p>	<p>3 Green Salad topped with Chicken Salad Three Bean Salad Whole Wheat Roll Pineapples</p>
<p>7 Deli Sandwich Pineapples Potato Salad Fresh Orange</p>	<p>8 Turkey Hoagie Potato Salad Applesauce</p>	<p>9 Seafood Salad & Cheese Platter Summer Salad WW Roll Fresh Fruit</p>	<p>10 Asian Chicken Salad Mandarin Oranges Sesame Cucumber Salad WW Bread Sweet Muffin</p>
<p>14 Tuna Salad Platter Broccoli Salad w Craisins Carrot Salad WW Roll Fresh Nectarine</p>	<p>15 Chicken Salad Platter Tomato Onion Salad Three Bean Salad WW roll Cinnamon Applesauce</p>	<p>16 Southwest Roast Beef Salad Corn Salad Tropical Fruit Salad WW roll, Oatmeal Cookie</p>	<p>17 Garden Salad w Grilled Chicken Chopped Veggies Pasta Salad WW Bread, Fruit Cocktail</p>
<p>21 Roast Beef Special Coleslaw Cucumber Salad Mandarin Oranges</p>	<p>22 Deli Sandwich Pineapples Potato Salad Plum</p>	<p>23 Turkey Cobb Salad Summer Salad Macaroni Salad WW bread Fresh Fruit</p>	<p>24 Chicken Tomato Mozzarella Salad Tomato Basil Bowtie Salad Light Ambrosia WW Roll, Applesauce</p>
<p>28 Grilled Chicken Ceasar Salad Chickpea Salad WW roll, Fresh Fruit</p>	<p>29 Tuna Salad Platter Broccoli Salad w Craisins Carrot Salad WW Roll, Sugar Cookie</p>	<p>30 Green Salad topped with Chicken Salad Three Bean Salad Whole Wheat Roll Pineapples</p>	<p>31 Turkey Swiss Sandwich Vegetable Pasta Salad Coleslaw Fresh Peach</p>

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Monday	Tuesday	Wednesday	Thursday
	1 Covered Dish Lunch 12:00 Speaker: Karen Blutgen “Dementia”	2 Knitting & Crocheting Art Club Games	3 Game Day
7 DVD Exercise 10:30 Board Meeting 1:00	8 Qigong 10-11 Bingo 1:00	9 Tai Chi 10-11 Knitting & Crocheting Art Club Games	10 Game Day Pinochle 1:00
14 DVD Exercise 10:30 Games	15 Qigong 10-11 Einstein Nutrition 10:30 Movie 1:00 “Ms Matched”	16 Tai Chi 10-11 Knitting & Crocheting Art Club Games	17 Game Day
21 DVD Exercise 10:30 Birthday Bingo 12:30	22 Qigong 10-11 Bingo 1:00	23 Tai Chi 10-11 Knitting & Crocheting Art Club Games	24 Game Day Pinochle 1:00
28 DVD Exercise 10:30 Games Membership Meeting 1:00	29 Qigong 10-11 Games	30 Tai Chi 10-11 Knitting & Crocheting Art Club Games	31 Game Day