



January 2026
Eastern Upper Bucks Senior Center
8040 Easton Road PO Box 545 Ottsville, Pennsylvania 18942
Phone: 610-847-8178 **Fax:** 610-847-2036
Hours: Mon.-Thurs. 10-3 **E-mail:** eubseniors@epix.net
Website: easternupperbucksseniorcenter.com



The senior center will be CLOSED on Wednesday December 31st and Thursday, January 1st for New Years and Monday, January 19th for Martin Luther King Jr. Day

In the event of bad weather, the senior center is closed when Palisades School District is closed or having a virtual learning day due to inclement weather. If there is a 2 hour delay, we will open at 10:00. If Palisades dismisses early, the senior center will close early. Call the senior center to hear a recording after 8AM. Please use your own best judgement if you decide to venture out if we are open. If the senior center is without power for more than 30 minutes, we will close the center. If you are feeling sick, even if you just have a cold, please do not visit the senior center until you feel better.

Covered Dish Luncheon Tuesday, January 6th at 12:00. Our speaker will be Rose D'Aliso who will talk about her quilts.

Winter Lottery: \$5 per ticket. Two \$25 winners every Thursday from January 8th to February 19th. Grand Prize will be drawn on February 26th. One \$200, One \$100, and One \$50 winner. We are mailing each member tickets. Please return the tickets with the money to the senior center. If you would like more tickets, they are available at the senior center.

Thank you to our board members who give their time and talent so generously. Our senior center could not run so smoothly without their dedication. Be sure to thank them for their efforts. Our board has a few changes this year. For a full list see page 3 of the newsletter. Our new president, Janet Vanderlely will be appointing members to different committees in January. If you are interested in serving on a committee, please talk to Janet. If you are currently serving on a committee and would like to continue, also let Janet know.

AARP Taxes Volunteer Tax Counselors from AARP will be available on Thursdays in February and March beginning February 12th. Call the senior center after January 15th to make an appointment. Please fill out your Pre-appointment Packet completely and bring it to the center on the day of your appointment. Ap-

What the new year brings to you will depend a great deal on what you bring to the new year.



*******VERY IMPORTANT PLEASE READ:**

Co-Pilot Please remember to sign in to Co-Pilot EVERY TIME you visit the center. **ALWAYS check Center Visit in addition to whatever activity you are here for.** If you signed up for lunch on that day, don't forget to check Lunch. This information is important for any funding we receive so it is VERY IMPORTANT that it is accurate.

Lunch will be served at 12:00 noon Monday—Thursday. (except Bingo days 11:30) Please check the calendar menu of sandwiches and salads. ****Remember to sign up by Tuesday at noon for the following week.** You must be registered with the senior center. We need a minimum of 5 people to order for any given day. A voluntary contribution of \$2 is suggested for anyone over the age of 60. Please put the money in the box in the kitchen `marked "Congregate Meals". Please remember that a large portion of our funding from Bucks County Area Agency on Aging is determined by the number of congregated meals that we serve. Consider ordering lunch even if there is not an activity that you plan to attend that day. One of the purposes of serving the meals here is to socialize. Talk to your friends, maybe they would order lunch if they knew someone else was also interested. Remember, games, puzzles, and the library are always open. Please consider volunteering to serve the meals. If you need help ordering a meal, would like to volunteer to serve the lunches or have any questions, talk to Veronica McIntosh or Margie Jesiolowski.

Property Tax/Rent Rebate Program The income requirements have expanded so more Pennsylvanians will be eligible to receive the Property Tax/Rent Rebate. The majority of past claimants may see increased rebates as well. AARP Tax counselors are able to help you fill out your forms at your appointment to get your taxes done or contact your state representative.

Bucks County Opportunity Council Weatherization Program If you are a resident of Bucks County, meet the income limits and qualify for this program, an energy auditor will inspect your home and recommend certain measures such as caulking windows, weather-stripping doors or insulating the attic. Information is also available for this program at the senior center.

Center Manager: Margie Jesiolowski

Board Members:

- Janet Vanderlely, President
- Barbara Naska, Vice President
- Cathy Lutz, 2nd Vice President
- Linda Boss, Secretary
- Marion Wolf, Treasurer
- Veronica McIntosh, Assistant Treasurer

Trustees:

- Terry Keogh
- Kim Rivera

Food Service Coordinator: Veronica McIntosh

Trip Coordinators: Jim & Terry Keogh

Eastern Upper Bucks Senior Center is funded, in part, under a contract with the Pennsylvania Department of Aging and The County of Bucks

Please tell your friends and family 55+ to join our senior center.
Dues are \$20 per year. (July 1st to June 30th)

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• Thank you to our members who donated money •

• to our senior center. Whether your donation is •

• large or small, time or money, we appreciate •

• your generosity. •

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DONAHUE FUNERAL HOME

215-429-4964

*Philip A. Donahue,
Owner/Director*

The **DONAHUE FUNERAL HOME** specializes in church viewings followed by funeral services. Therefore, YOUR choice of a Funeral Home need not be based on location. Arrangements can be made in one of our offices or in the comfort of your home setting. We service Bucks County, Montgomery County, Philadelphia and Delaware Counties in Pennsylvania.

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*"The purpose of a funeral should never cause a financial burden on the family or those left behind."—
James P. Donahue, Grandfather*

Traditional Funeral <i>(includes casket)</i>	\$4900
Traditional Viewing followed by Cremation <i>(includes rental casket)</i>	\$3800
Cremation with Memorial Mass	\$2000
Direct Cremation	\$1200

Call for a free no obligation brochure detailing the above...

www.DonahueFuneral.com
 1218-20 Bethlehem Pike, Flourtown, PA 19031
 P.O. Box 1556, Doylestown, PA 18901

DonahueFuneral@gmail.com



Senior Center Monthly Activities

DVD Exercise—Mondays 10:30-11:30

Game Days - Wednesdays & Thursdays 10:00

Qigong—Tuesdays 10:00-11:00

Tai Chi—Wednesdays 10:00-11:00

Knitting & Crocheting –Wednesdays 10:00

Art Club– Wednesdays 10:00

Board Meeting - 1st Monday 1:00 (Board Members ONLY please)

Covered Dish Luncheon—1st Tuesday 12:00

Pinocle Tournament - 2nd & 4th Thursday 1:00

Birthday Bingo - 3rd Monday 12:30

Membership Meeting - 4th Monday 1:00

Cash Bingo - Two Tuesdays a month 1:00

Movies—Check Calendar 1:00

Check the monthly calendar for exact dates

Please tell your friends and family 55+ to come join
our friendly senior center.

Dues are \$20 per year (July 1st to June 30th)

*Classes are \$5 for members
\$7 for non members.

PLEASE NOTE:

*Only bring in cards for those with a star * next to their name. If there is not a star *, please mail their card. If you do not have their address, bring the card with a stamped envelope and we can mail it for you.*



Margy Breiner	Jan 6
Shirley Milligan	Jan 8
Diane Shine	Jan 9
Paul Gruver	Jan 10
Elsie Healy	Jan 10
Cindy Wiley *	Jan 11
Cindy Moninghoff	Jan 13
Sheila Collins	Jan 17
Sonya Koch	Jan 20
Alfred Sautner	Jan 22
Peggy Cook	Jan 25
Edna Mae Nagle *	Jan 26
Jane Saddington *	Jan 26
Betty Martin	Jan 31

Fresh Connect by BCOC Mobile Farmer's Market

bcoc.org or 215-345-8175

UPDATED INFORMATION

On the first and third Thursdays from 10am to 12noon

at NEW LOCATION: Palisades Middle School

4710 Durham Road, Kintnersville

Fresh produce at no cost for those in need, rain/shine except severe weather (temperatures below 32°, heat advisories, excessive heat warnings, heavy rain or snow, and thunder and lightning storms.) Registration on site, limit one per household, please bring your own bags.

Congratulations Pinochle Winners

November 13th

1st Dolores Warmkessel

2nd Cindy Wiley

3rd Marion Wolf



\$11 Auto Registration Form Applications for

Retired Persons are available at the senior center.

Eligibility requirements are listed on the bottom of the form.

Stop Telemarketing calls

Register for the national list and the Pennsylvania list.

Make sure to register all names in the household. You must call from the number you are registering.

National Do Not Call 1-888-382-1222

Pennsylvania Do Not Call 1-888-777-3406

Helpful Phone Numbers

AARP (717) 238-2277

Area Agency on Aging (267) 880-5700

Aid for Friends (215) 348-7505

Better Business Bureau (215) 985-9313

Bucks Co. Consumer Protection (215) 348-7442

Bucks County Transport (215) 794-5554 or (888)795-0740

Elder Abuse (800) 243-3767

Food Stamps (800) 362-1291

Homeless Hotline (800) 810-4434

Legal Info (800) 262-LAWS

Legal Service (215) 781-1111

Medicare Service Center (800) 633-4227

or TTY: (877)-486-2048

Military Affairs (215) 345-3307

P.A.C.E. (800)-225-7223 or (267)-880-5700

Philabundance Food (800)-319-3663

Report Medical Fraud & Abuse (800)-447-8477

Social Security, Disability Issues, or

Supplemental Security Income (800) 772-1213

Senior Employment (267) 880-5700

24/7 Crisis Services (800)499-7455

Kinconnector Helpline (866)KIN-2111

Bucks Chester Montgomery Link 800-753-8827

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growth strategy today.



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Bucks County Area Agency on Aging
55 East Court Street, 3rd Floor, Doylestown, PA 18901
267-880-5700

The broad goal of the agency is to develop and provide comprehensive services to help persons aged 60+ maintain independence in their homes and communities.

Bucks County Area Agency on Aging offers more than 20 programs to help older adults and their families and is an advocate for all older persons in Bucks County.

They also directly provide information and referral, outreach, assessment and care management, as well as a county-wide volunteer program.

Additional services and projects are by agreement or contract with other community agencies.

A brochure is available at Eastern Upper Bucks Senior Center with more details.

Would you like to Volunteer?

Bucks County Area Agency on Aging continues to offer volunteer opportunities. Your help is needed to deliver meals, tutor or mentor in school based programs, Lunch Bunch Program, Literacy/ESL Programs, Benefits Assistance Program, My Life My Health, Project MEDS, Helping Seniors Age in Place, and Apprise Insurance counselors. For more information about these and other volunteer opportunities, please contact the Volunteer Coordinator at 267-880-5725.

PA MEDI Program (formerly APPRISE)

The **PA MEDI Program** wants to make sure you and your loved ones who have Medicare know about the Extra Help and Medicare Savings Programs.

Extra Help can help lower your prescription co-payments and premiums and cover the cost of the coverage gap (“donut hole”)

Medicare Savings Program can help you with the payment of your Part B premium and possibly with the payment of your Medicare Part A and Part B cost sharing.

There is **NO COST** for the PA MEDI Program’s help or for enrollment into these programs. Income guidelines do apply.

Contact Bucks County Area Agency on Aging at 267-880-5700.

Senior Boxes Available Monthly at the Lord’s Pantry
at St. John the Baptist Church in Ottsville 610-847-2402

Requirements:

- 1) Must live in Bucks County
- 2) Must be at least 60 years old
- 3) Must meet income requirements which are:

Family size	Annual	Monthly	Weekly
1	\$16,744	\$1,396	\$322
2	\$22,646	\$1,888	\$436
3	\$28,548	\$2,379	\$549
4	\$34,450	\$2,871	\$663

Packages include: 4 packages **vegetables**, 1 meat, 2 cereals, cheese, 2 packages fruit, 1 non-meat protein, 1 carbohydrate, 2 bottles juice instant & evaporated milk.

Usually the 3rd Friday of the month, but call the Lord’s Pantry to confirm.

Lord’s Pantry Hours

Mondays 2-5, Tuesdays 9:30-11:30, Thursdays 9:30-1:30

A bin for food donations for the Lord's Pantry is at the Senior center. Canned goods such as canned vegetables, tunafish and soup are appreciated.



Got Drugs?

Bucks County Medication Disposal

- Free and anonymous. Permanent medication collection boxes are now available at the locations below to help reduce the growing statistics of people abusing prescription pain relievers who get them from friends or relatives. Please contact them directly for collection hours, rules, & regulations.

Bucks County Court House: 215-348-6000

Plumstead Township Police Department: 215-766-8741

Springfield Township: 610-346-6700



January 2026 Menu

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Monday	Tuesday	Wednesday	Thursday
5 NO LUNCHES SERVED	6 Covered Dish	7 NO LUNCHES SERVED	8 NO LUNCHES SERVED
12 Tuna Salad Platter Couscous Salad Cucumber Dill Salad WW Roll Fresh Orange	13 Chicken Caesar Salad Chickpea Salad Bowtie Pasta Salad WW Bread Applesauce	14 Turkey & Muenster Cheese Sandwich Three Bean Salad Applesauce Chocolate Chip Cookie	15 Garden Salad w Chicken Chopped Veggies Potato Salad Whole Wheat Bread Pineapples
19 CLOSED Martin Luther King Jr Day	20 Grilled Chicken Salad Black Bean Tomato Salad Broccoli Salad WW Bread Pudding	21 Turkey Ham & Swiss Sandwich Carrot Raisin Salad Pineapples Fresh Orange	22 Tuna (salad) Nicoise Salad Green Bean Salad Potato Salad WW Bread Mandarin Oranges
26 Turkey Muenster Cheese Sandwich Three Bean Salad Applesauce Sweet Muffin	27 Tuna Salad Platter Couscous Salad Cucumber Dill Salad WW Roll Fresh Orange	28 Chicken Salad Cucumber, Tomato, Onion, Pepper Salad Macaroni Salad WW Pita Fruit Cocktail	29 Seafood Salad & Hardboiled Egg Dill Cucumbeber Salad Pasta Salad WW Roll Apple
Remember to order By NOON the TUESDAY Before! Suggested donation is \$2	LUNCH IS SERVED AT NOON		



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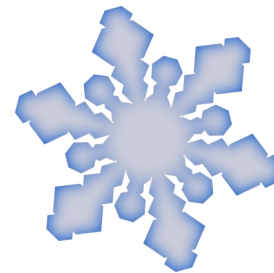
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Monday	Tuesday	Wednesday	Thursday
5 DVD Exercise 10:30 Board Meeting 1:00	6 Covered Dish Lunch 12:00 Speaker: Rose D'Aliso "Quilts"	7 Tai Chi 10-11 (Practice) Knitting & Crocheting Art Club Games	4 Game Day
12 DVD Exercise 10:30 Birthday Bingo 12:30	13 Bingo 1:00	14 Tai Chi 10-11 (Practice) Knitting & Crocheting Art Club Games	15 Game Day Pinochle 1:00
19 CLOSED Martin Luther King Jr Day	20 Einstein Nutrition 10:30 Movie 1:00 (Tentative)	21 Tai Chi 10-11 (Practice) Knitting & Crocheting Art Club Games	22 Game Day
26 DVD Exercise 10:30 Membership Meeting 1:00	27 Bingo 1:00	28 Tai Chi 10-11 (Practice) Knitting & Crocheting Art Club Games	29 Game Day Pinochle 1:00