

February 2026

Eastern Upper Bucks Senior Center

8040 Easton Road (Route 611) PO Box 545 Ottsville, PA 18942

Phone: 610-847-8178 Fax: 610-847-2036

Email: eubseniors@epix.net Website: easternupperbucksseniorcenter.com

The senior center will be CLOSED on Monday, February 16th for Presidents' Day

In the event of bad weather, the senior center is closed when Palisades School District is closed or having a virtual learning day due to inclement weather. If there is a 2 hour delay, we will open at 10:00. If Palisades dismisses early, the senior center will close early. Call the senior center to hear a recording after 8AM. Please use your own best judgement if you decide to venture out if we are open. If the senior center is without power for more than 30 minutes, we will close the center. If you are feeling sick, even if you just have a cold, please do not visit the senior center until you feel better.

Covered Dish Luncheon Tuesday, February 3rd at 12:00. Veronica McIntosh will present a trivia game on Pennsylvania History.

Winter Lottery: \$5 per ticket. Two \$25 winners every Thursday from January 8th to February 19th. Grand Prize will be drawn on February 26th. One \$200, One \$100, and One \$50 winner. We are mailing each member tickets. Please return the tickets with the money to the senior center. If you would like more tickets, they are available at the senior center.

AARP Taxes Volunteer Tax Counselors from AARP will be available on Thursdays in February and March beginning February 12th. Call the senior center after January 15th to make an appointment. Please fill out your Pre-Appointment Packet completely and bring it to the center on the day of your appointment.

Thank you to Springfield Township and Bridgeton Township for their generous donations to our senior center.

Thank you to our members who donated money to our senior center. Whether your donation is large or small, time or money, we appreciate your generosity.

Basket Bingo Sunday, April 19th More details to follow

If you really want to do something, you will find a way. If you really don't, you'll find an excuse.

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Co-Pilot Please remember to sign in to Co-Pilot EVERY TIME you visit the center. **ALWAYS check Center Visit in addition to whatever activity you are here for.** If you signed up for lunch on that day, don't forget to check Lunch. This information is important for any funding we receive so it is VERY IMPORTANT that it is accurate.

Lunch will be served at 12:00 noon Monday—Thursday. (except Bingo days 11:30) Please check the calendar menu of sandwiches and salads. ****Remember to sign up by Tuesday at noon for the following week.** You must be registered with the senior center. We need a minimum of 5 people to order for any given day. A voluntary contribution of \$2 is suggested for anyone over the age of 60. Please put the money in the box in the kitchen marked "Congregate Meals". Please remember that a large portion of our funding from Bucks County Area Agency on Aging is determined by the number of congregated meals that we serve. Consider ordering lunch even if there is not an activity that you plan to attend that day. One of the purposes of serving the meals here is to socialize. Talk to your friends, maybe they would order lunch if they knew someone else was also **interested**. Remember, games, puzzles, and the library are always open. Please consider volunteering to serve the meals. If you need help ordering a meal, would like to volunteer to serve the lunches or have any questions, talk to Veronica McIntosh or Margie Jesiolowski.

Property Tax/Rent Rebate Program The income requirements have expanded so more Pennsylvanians will be eligible to receive the Property Tax/Rent Rebate. The majority of past claimants may see increased rebates as well. AARP Tax counselors are able to help you fill out your forms at your appointment to get your taxes done or contact your state representative.

LIHEAP Low Income Home Energy Assistance Program If you need help paying your heating bills, or have a heating emergency, LIHEAP may be able to help you. This program helps low income families pay their heating bills. LIHEAP is a grant. You do not have to repay it. To receive help, apply between November 3, 2025 and April 3, 2026. Detailed information including income limits and applications are available at the senior center.

Got Drugs? Bucks County Medication Disposal, free and anonymous. Permanent medication collection boxes are now available at the locations below to help reduce growing statistics of people abusing prescription pain relievers who get them from friends or relatives. Please contact them directly for collection hours, rules & regulations.

Bucks County Court House 215-348-6000

Plumstead Township Police Department 215-766-8741

Springfield Township 610-346-6700

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Lord's Pantry at St John the Baptist Church in Ottsville 610-847-2402

A bin for food donations for the Lord's Pantry is at the senior center.

If you are in need of food, the pantry is open Mondays 2-5, Tuesdays 9:30-11:30 and Thursdays 9:30-1:30

Fresh Connect 215-345-8175, website: bcoc.org

First and Third Thursdays from 11-12 at Palisades Middle School, 4710 Durham Road, Kintnersville

Fresh produce at no cost for those in need, rain/shine, except severe weather (temperatures below 32°, heat advisories, excessive heat warnings, heavy rain or snow, and thunder and lightning storms) Registration on site, limit one bag per household. Please bring your own bags.

Bucks County Opportunity Council Weatherization Program If you are a resident of Bucks County, meet the income limits, and qualify for this program, an energy auditor will inspect your home and recommend certain measures such as caulking windows, weather-stripping doors or insulating the attic. Information is also available for this program at the senior center.

Auto Registration Form Applications for Retired Persons for \$11 are available at the senior center. Eligibility requirements are listed on the bottom of the form.

Stop Telemarketing Calls Register for the national list and the Pennsylvania list. Make sure to register all names in the household. You must call from the number you are registering.

National Do Not Call 888-382-1222

Pennsylvania Do Not Call 888-777-3406

Bucks County Area Agency on Aging 55 East Court Street, 3rd Floor, Doylestown, PA 18901 Phone #267-880-5700

The broad goal of the agency is to develop and provide comprehensive services to help persons aged 60+ maintain independence in their homes and communities. Bucks County Area Agency on Aging offers more than 20 programs to help older adults and their families and is an advocate for all older persons in Bucks County. They also directly provide information and referral, outreach, assessment and care management, as well as a county-wide volunteer program. Additional services and projects are by agreement or contract with other community agencies. A brochure is available at Eastern Upper Bucks Senior Center with more details.

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Center Manager: Margie Jesiolowski

Board Members:

Janet Vanderlely, President

Barbara Naska, Vice President

Cathy Lutz, 2nd Vice President

Linda Boss, Secretary

Marion Wolf, Treasurer

Veronica McIntosh, Assistant Treasurer

Trustees:

Terry Keogh

Kim Rivera

Shirley Anderson

Food Service Coordinator: Veronica McIntosh

Trip Coordinators: Jim & Terry Keogh

Eastern Upper Bucks Senior Center is funded, in part, under a contract with the Pennsylvania Department of Aging and The County of Bucks.

Please tell your friends and family 55+ to join our senior center. Dues are \$20 per year. (July 1st to June 30th)

February Birthdays

Please only bring in cards for those with a star* next to their name. If there is not a star, please mail their card. If you do not have their address, bring the card with a stamped envelope and we can mail it for you.

Ida Bowlby *	Feb 2
Ken Johnson	Feb 2
Janet Wagenseller	Feb 2
John Cahill	Feb 3
JoAnn McNichol *	Feb 3
Pat Brent *	Feb 4
Mary Capobiano *	Feb 4
Dorothy Cochran	Feb 6
Connie Forsberg *	Feb 7
Dolores Warmkessel *	Feb 8
Patricia Vasey *	Feb 10
Linda Strychowski	Feb 13
Frank Frankenfield	Feb 23
Lois Merritt	Feb 24
Anita Antes *	Feb 25

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P.O. Box 1556, Doylestown, PA 18901

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Senior Center Monthly Activities

DVD Exercise – Mondays 10:30-11:30

Game Days – Wednesdays & Thursdays

QiGong – Tuesdays 10-11

Tai Chi – Wednesdays 10-11

Knitting & Crocheting – Wednesdays 10:00

Art Club – Wednesdays 10:00

Board Meeting – 1st Monday 1:00 (Board Members ONLY please)

Covered Dish Luncheon – 1st Tuesday 12:00

Pinochle Tournament – 2nd & 4th Thursday 1:00

Birthday Bingo – 3rd Monday 12:30

Membership Meeting - 4th Monday 1:00

Cash Bingo – Two Tuesdays a month 1:00

Movies – Check Calendar 1:00

Check the monthly calendar for exact dates.

Please tell your friends and family 55+ to come join our friendly senior center. Dues are \$20 per year (July 1st to June 30th)
Classes are \$5 for members, \$7 for non-members.

Congratulations Pinochle Tournament Winners

December 11, 2025

1st Howard Lammerding

2nd Bernie Boylan

3rd Dolores Warmkessel

January 15, 2026

1st Howard Lammerding

2nd Dolores Warmkessel

3rd Harry Markley

2026 Winter Lottery Winners

<u>Date</u>	<u>Winner</u>	<u>Seller</u>
1-8-26	Bethany Michl	Barbara Naska
1-8-26	Sara Jane Zeek	
1-15-26	Marianne Scott (donated back to center)	
1-15-26	Ellen Clemens (donated back to center)	

Welcome New Members

Ann Moyer

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Monday	Tuesday	Wednesday	Thursday
2 Deli Salad Tomato Onion Salad Potato Salad WW Roll Mandarin Oranges	3 COVERED DISH LUNCHEON	4 Grilled Chicken Salad Corn, Black Bean, Tomato Salad Broccoli Salad WW Bread Sweet Muffin	5 Seafood Salad & Cheese Green Bean Salad Pasta Salad with Peppers WW Roll Peaches
9 Chicken Caesar Salad Chickpea Salad Bowtie Pasta Salad WW Bread Applesauce	10 Turkey Muenster Cheese Sandwich Three Bean Salad Applesauce Chocolate Chip Cookie	11 Garden Salad w Chicken Veggie Toppings Potato Salad WW Bread Pineapples	12 Boiled Egg & Cheese Platter Broccoli Craisin Salad Macaroni Salad WW Roll, Apple
16 CLOSED Presidents' Day	17 Turkey Ham & Swiss Sandwich Carrot Raisin Salad Pineapples Fresh Orange	18 Tuna (salad) Nicoise Salad Green Bean Salad Potato Salad WW Bread, Mandarin Oranges	19 Roast Beef & Provolone Coleslaw Fresh Fruit
23 Tuna Salad Platter Couscous Salad Cucumber Dill Salad WW Roll, Orange	24 Chicken Salad and Pita Macaroni Salad Fruit Cocktail	25 Seafood Salad & HB Egg Dill Cucumber Salad Tri Color Rotini Salad WW Roll, Apple	26 Asian Chicken Salad Cucumber Carrot Salad Asian Pasta Salad WW Bread, Pineapples

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<p>2 DVD Exercise 10:30-11:30 Board Meeting 1:00</p>	<p>3 Qi Gong 10-11 Covered Dish Lunch 12:00 PA Trivia Game by Veronica</p>	<p>4 Tai Chi 10-11 Knit/Crochet Art Club Games</p>	<p>5 Games</p>
<p>9 DVD Exercise 10:30-11:30 Birthday Bingo 12:30</p>	<p>10 Qi Gong 10-11 Bingo 1:00</p>	<p>11 Tai Chi 10-11 Knit/Crochet Art Club Games</p>	<p>12 Games Pinochle 1:00 AARP Taxes</p>
<p>16 CLOSED Presidents' Day</p>	<p>17 QiGong 10-11 Einstein Nutrition 10:30</p>	<p>18 Tai Chi 10-11 Knit/Crochet Art Club Games</p>	<p>19 Games AARP Taxes</p>
<p>23 DVD Exercise 10:30-11:30 Membership Meeting 1:00</p>	<p>24 Qi Gong 10-11 Bingo 1:00</p>	<p>25 Tai Chi 10-11 Knit/Crochet Art Club Games</p>	<p>26 Games Pinochle 1:00 AARP Taxes</p>